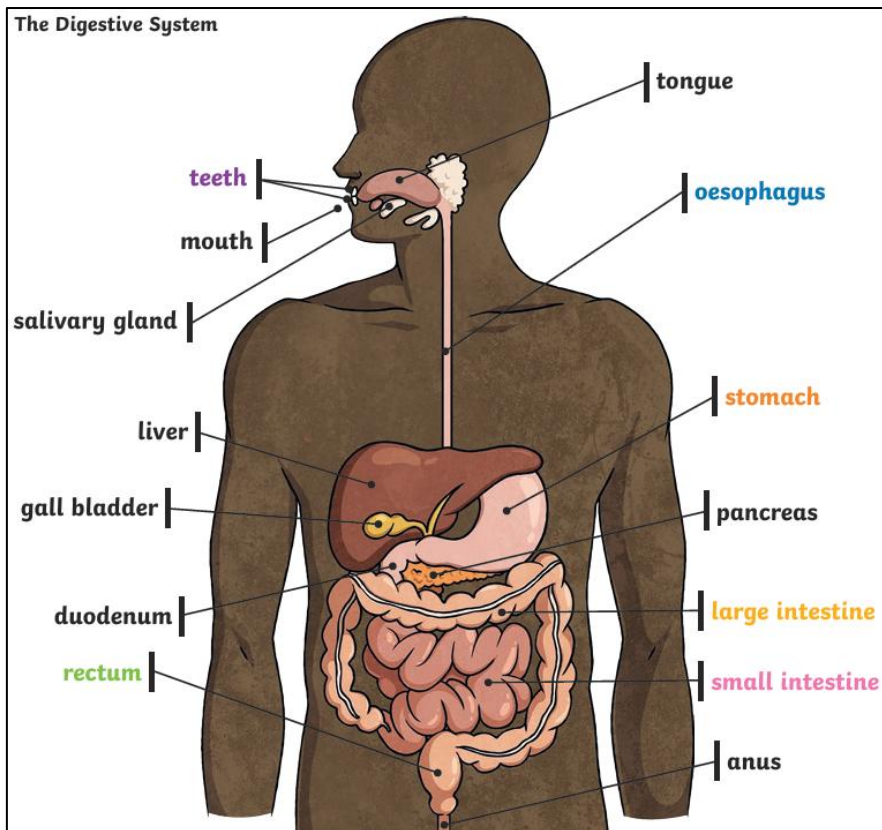


Y4 Science Knowledge Organiser – Animals, including humans: The human digestive system

KEY VOCABULARY

digest	organ	mouth	oesophagus	stomach	small intestine	large intestine	rectum	healthy	energy	nutrients
Break down food so that it can be used by the body.	A vital part of the body that has a specific job to do.	The start of the digestive system containing the teeth and tongue.	A muscular tube which moves food from the mouth to the stomach.	Where food is broken down by being mixed with stomach acid and moved around.	A long, wiggly tube where nutrients are absorbed into the body.	Where water is absorbed into the body from the remaining waste food leaving faeces (poo) behind.	Where faeces are stored before leaving the body through the anus.	A good physical and mental condition achieved by keeping clean, doing exercise, getting enough sleep, drinking plenty of water and eating a healthy diet.	The ability to move, think and grow.	Substances needed by living things to stay alive and healthy, often found in food.



Nutrient	Found in... (examples)	What it does/they do
carbohydrates		provide energy
protein		helps growth and repair
fibre		helps you to digest the food that you have eaten
fats		provide energy
vitamins		keep you healthy
minerals		keep you healthy
water		moves nutrients around your body and helps to get rid of waste